

Healing Invisible Wounds

PTSD Programs, Awareness & Advocacy



PTSD RECOVERY

PILOT PROGRAM BEGINS AUGUST

HEALING INVISIBLE WOUNDS ~ THE INTENSIVE

Veterans and Active Military of the Canadian Armed Forces diagnosed with PTSD or who are experiencing the symptoms associated with PTSD are invited to apply to attend the program. Applications will be accepted now and during the month of August.

Healing Invisible Wounds ~ The Intensive is a multi modal program for treating Post Traumatic Stress Disorder (PTSD) and related conditions, utilizing state- of- the- art neuroscientific and non drug healing techniques that address the whole person in mind, body and spirit; as well as offering unprecedented peer support follow up for clients and their families.

'Healing Invisible Wounds - The Intensive' consists of 100+ hrs during four 3 and 4 day weekends over a ten week period in full group, break-out, and individual sessions with a further 42 weeks of ongoing follow up and peer support. Family members are included in the program.

*Our **non drug** program is inclusive of the following effective supports.*

- Integrative Therapies
- Equine Therapy
- Neuroscientific Techniques
- Psycho Social Education
- Mind/body Exercises
- Lifestyle & Relationship Dynamics
- Transformational Arts & Recreation
- Nutrition Component
- Nature Component
- Spiritual Component
- Family Component
- Financial Component
- Life and Wellness Coaching
- Take Home Assignments

To apply please download initial application, <http://missionbutterfly.ca/wp-content/uploads/2017/03/Initial-Application-2.pdf> complete and forward to register@missionbutterfly.ca .

Visit website here: <http://missionbutterfly.ca/>

Questions here: mail@missionbutterfly.ca